

**#METOORECKONING WORKSHOP**  
**HELPING TO CLARIFY AND EMBRACE YOUR PURPOSE**



Workshop: April 11, 2021  
 Zoom Workshop  
 Facilitator: Eileen Campbell-Reed

*"The world's a mean place. It's unfair, then it's fair. It's hateful, then it's loving. It's a very peculiar place on philosophical and metaphysical and religious levels."* – Comedian, Tim Allen

We could say the same things about most any profession or life situation, right? Given the roller coaster of unfairness, love and peculiarity, how do we identify and begin living into our *purpose*? Maybe you feel like what you do is a gift. Maybe you feel like it is mostly drudgery. Whether your work is something you GET to do or HAVE to do, you are invited to join in a conversation about the freedoms, joys, responsibilities, and demands of work and life. When you can create a map of what your life is giving you right now, it can open up in you the freedom to embrace a calling, vocation, or purpose that is yours already.

In the workshop we will use a tool created one day by a writer and teacher out of pure desperation. The tool is available now to you to help you sort out the gifts and challenges of life and work and to liberate you from being trapped in the mindset of “but I don’t get to do that!” or “I have to do that!” Please use this tool to help you reassess the big picture of your work and life.

**When you think about the #MeTooReckoning moment we are living in, you may feel like there is little you can do. Or you may feel stuck by what you have to do in your job or other roles in life. However, there may be more to do than you think. To help you sort out what work is yours, take time to sort out what you might do and how to embrace your purpose.**

**REASSESSING MY VOCATIONAL LIFE**

What I GET to do:	What I do NOT GET to do:	What I HAVE to do:	What I do NOT HAVE to do:

\* The workshop was designed by Rev. Dr. Eileen R. Campbell-Reed, host of Three Minute Ministry Mentor, practical theologian, author, and ethnographer. [www.eileencampbellreed.org](http://www.eileencampbellreed.org)