



Prayer for Caregivers in Impossible Times



God our Amma and Abba,

I ask for your love, guidance, and care for today. This is a time of uncertainty and disappointment. The world feels impossible and far beyond our reach. Yet our vocations call upon us to hold fast to love, and guidance, and care for those who depend on us to teach, lead, preach, and pray. Help us to rest deeply in your care and rise to the occasions of our calling. God, we pray for the tenderness of your love, the gentleness of your guidance, the unshakable hand of your care.

God of the Pit and the Wing,

I ask your Christ-light of presence to shine this day. Whether this day feels like a pit of sadness and despair or more like a bird in flight, your presence and mercy are fitting for each instance. Life's lows take many forms, and they often leave us feeling alone and bereft. Life's highs come in surprising moments like fluttering leaves, quiet smiles, purring cats, rolling laughter, jumping dogs, a well-timed joke, or a well-turned phrase. You are in each of these places and moments. You are God-with-us in the pit or on the wing. Help us to be present and bear witness to others in their highs and in their lows.

God of Justice and Imagination,

I invite your inspiration and ask your Spirit to bring vision. When the times call for more than we feel like we can give, we need your vision of justice. When we are overwhelmed by new situations, we need your wisdom to spark our imaginations. Give us clarity to respond. Listen with us to the cries and the laments. Give us strength to see the world as it is. Open our hearts and minds, our relationships, and our deep embodied wisdom, all gifts of your Spirit. Help us imagine a world woven with your justice and your love. Give us courage to participate in your very life, O God, and in the lives of our siblings, and yes, even our enemies, so that together we might make this new world.

God, bless us, keep us, guide us, uphold and inspire us, this day and evermore.
Amin.

