

A tan background with various snowflake designs in white and blue scattered across the top left corner.

**What I GET
to do....**

A pink background with various snowflake designs in white and blue scattered across the top right corner.

**What I
DON'T GET
to do....**

A teal background with various snowflake designs in white and blue scattered across the bottom left corner.

**What I HAVE
to do....**

A dark grey background with various snowflake designs in white and blue scattered across the bottom right corner. A small logo is visible in the bottom right corner.

**What I DON'T
HAVE to do....**

A circular logo with a stylized tree and the text "THREE MINUTE MINISTRY MENTOR" below it.

Helping to Clarify Your Purpose In Leadership and Care

Dr. Eileen Campbell-Reed

*“The world's a mean place. It's unfair, then it's fair. It's hateful, then it's loving.
It's a very peculiar place on philosophical and metaphysical and religious levels.”*

Comedian, Tim Allen

We could say the same things about most any profession or life situation, right? Given the roller coaster of unfairness, love, and peculiarity, how do we identify and begin living into our *purpose*? Maybe you feel like what you do is a gift. Maybe you feel like it is mostly drudgery. Whether your work is something you GET to do or HAVE to do, you are invited into a conversation about the freedoms, joys, responsibilities, and demands of work and life. When you can create a map of what your life is giving you right now, it can open you to the freedom to embrace a calling, vocation, or purpose that is yours already.

I created this tool one day out of pure desperation. I wrote answers to these questions on very large poster boards with a bold marker. It was exceedingly clarifying to see with honesty where I was in that moment – the good, the bad, the ugly. It also catapulted me forward to a new sense of purpose.

The tool is available now to you to help you sort out the gifts and challenges of life and work in this moment. It may even assist in liberating you from being trapped in the mindset of “but I don’t get to do that!” or “Ugh. I have to do that!” Please use this tool to help you reassess the big picture of your work and life.

CONSIDERING MY VOCATIONAL LIFE

What I GET to do:	What I do NOT GET to do:	What I HAVE to do:	What I do NOT HAVE to do: